



LRG GOVERNMENT ARTS COLLEGE FOR WOMEN , TIRUPUR-4
GENDER PSYCHOLOGY MONITORING AND AWARENESS PROGRAMME

A SEMINAR ON "PREVENTION AND SELF CARE STRATEGIES FOR MENTAL HEALTH"



**PRINCIPAL (FAC),
Dr.M. TAMILMALAR,
LRG GOVERNMENT ARTS COLLEGE FOR WOMEN
TIRUPUR**



**RESOURCE PERSON
Mrs.KALAIVANI MURUGESAN,
COUNSELING PSYCHOLOGIST, ART & EXPRESSIVE
THERAPY PRACTITIONER, COIMBATORE.**

ORGANIZED BY

**Dr. M. SIVAMANI,
ASSISTANT PROFESSOR, DEPARTMENT OF ECONOMICS**

Dr. P. DEEPA, GUEST LECTURER, DEPARTMENT OF COMMERCE

Dr.N. UMA MAHESWASRI, GUEST LECTURER, DEPARTMENT OF COMMERCE

S. PRIYANGA, GUEST LECTURER, DEPARTMENT OF ECONOMICS

**GENDER
Equality**

VENUE :AV HALL



December 15th, 2025 | at 10:30 AM

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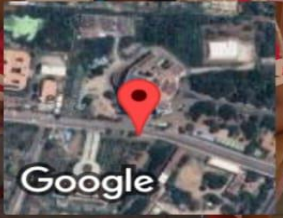
Tiruppur, Tamil Nadu, India 🇮🇳

New Collectorate Complex, Tiruppur, Tamil Nadu 641604, India

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New Collectorate Complex, Tiruppur, Tamil Nadu 641604, India
Lat 11.082338° Long 77.341612°
Monday, 15/12/2025 10:54 AM GMT +05:30





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Monday, 15/12/2025 12:12 PM GMT +05:30

L.R.G. Government Arts College for Women ,Tiruppur-4

Seminar on Stray Dog Management, National Mental Health Awareness,

And Gender Psychology Awareness

15.12.2025

Tiruppur

As the first event of the programme, Dr. M. Sivamani, Assistant Professor, Department of Economics, and Coordinator of the Gender Psychology Monitoring and awareness Committee, delivered the welcome address. The Principal (FAC), Dr. M. Tamilmalar, Associate Professor presided over the function and delivered the presidential address, highlighting the importance of awareness on stray dog management, gender psychology, and mental health. Dr. P. Nalini, Head of the Department of Chemistry, delivered the felicitation address and shared awareness-related views on stray dogs. The special guest of the day, Mrs. Kalaivani Murugesan, Psychological Counsellor, Coimbatore, delivered a special address and spoke in detail about mental well-being, thoughts, expression of emotions, and methods of managing emotions, thereby creating awareness among the participants. Finally, Dr. P. Deepa, Guest Lecturer, Department of Commerce, and Coordinator of the Mental Health Awareness Committee, delivered the vote of thanks, and the programme came to a pleasant conclusion.